MODERN SCHOOL 

Class: XII            Subject: Psychology    Syllabus 2025-2026

Book prescribed: Psychology Publication: NCERT

Month-wise Syllabus

|  |  |  |
| --- | --- | --- |
| **Month** | **Chapter No.** | **Chapter Tittle** |
| MARCH | 1 | Intelligence and aptitude (Contd.) |
| APRIL | 1  2 | Intelligence and aptitude  Self and Personality |
| MAY | 3  4 | Meeting life challenges  Psychological disorders |
| JULY | 5 | Theraputic Approaches |
| AUGUST | 6 | Attitude and Social Cognition |
| SEPTEMBER |  | Revision for half yearly exams (L- 1—5) |
| OCTOBER | 7 | Social influence and group processes |
| NOVEMBER |  | PRE BOARD-1 |
| DECEMBER |  | PRE BOARD -II |
| JANUARY |  | FINAL PRACTICAL |
| FEBRUARY |  | FINAL EXAMINATION |

**DELETED CHAPTERS AS PER CBSE**

|  |  |
| --- | --- |
| CHAPTER-5 (Topics only) | Psychodynamic therapy, Biomedical therapy |
| CHAPTER-6 | Social cognition |
| CHAPTER-7 | Confirmity, Compliance, Cooperation  Social identity and conflict resolution |
| CHAPTER-8 | Deleted |
| CHAPTER-9 | Deleted |

|  |  |  |
| --- | --- | --- |
| **EXAM** | **MONTH** | **SYLLABUS** |
| TERM-I | MAY | L-1-Intelligence & Aptitude  L-2- Self & Personality |
| TERM -II | JULY | **L-3-** Meeting life challenges  L-4- Psychological disorders |
|  | AUGUST | L-5-Theraputic Approaches  L-6Attitude and Social Cognition |
| HALF YEARLY EXAM. | SEPTEMBER | L-1-Intelligence & Aptitude  L-2- Self & Personality |
|  |  | **L-3-** Meeting life challenges  L-4- Psychological disorders |
|  |  | L-5-Theraputic Approaches  L-6Attitude and Social Cognition |
| **PRE BOARD-I** | **NOVEMBER** | **FULL SYLLABUS** |
| **PRE BOARD-II** | **DECEMBER** | **FULL SYLLABUS** |

**Prepared By: Mona Suneja**